



Sense4Baby excellent example of 'Sensible Healthcare'

The outbreak of the corona-virus has had an enormous impact on the healthcare industry. Hospitals and healthcare professionals are experiencing high pressure levels. Fortunately we have reached a stage where there is space for restarting healthcare services. Due to the fact that the pressure on hospitals and other healthcare providers is still extremely high, VGZ Cooperation is working together with them to find ways to deal with and possibly alleviate this pressure.

For more information please contact ICT Healthcare Technology Solutions via +31 (0)30 666 5021 or info-hcts@ict.eu.

VGZ Cooperation, with more than four million policyholders, is one of the largest non-profit health insurers in the Netherlands and provides health insurance for various brands, including VGZ. In a joint effort between VGZ and a number of healthcare providers, the parties drafted a number of good practices which lead to better healthcare for the patient. Applying Sense4Baby for remote monitoring of a pregnant woman and her baby is one of these initiatives.

VGZ Corporation's [website about 'Zinnige Zorg'](#) (Sensible Healthcare) shows a range of examples in the domain of digital healthcare in times of corona. Sense4Baby – a product developed by ICT Healthcare Technology Solutions – is a fitting example because women who run a high risk of pregnancy complications need to visit the hospital almost daily for check-ups. This places a burden on the patient. Moreover, in these times of corona, it puts the patient's health and that of her baby at risk. Sense4Baby offers a solution for this situation.

Sense4Baby is a portable and wireless system for monitoring pregnancies. The product was developed for home monitoring of pregnant women with a medical risk. Sense4Baby is a mobile version of a CTG monitor that can be used by pregnant women to make a cardiogram of an unborn child at home. This data is sent to a secure online portal, allowing the gynaecologist to monitor the data in real-time or at a later moment. The results of the cardiogram can then be discussed by phone.

The benefit of remote monitoring is that the pregnant woman can receive the expertise of the medical specialist in the hospital without having to travel. On behalf of VGZ, Monique Huisman is the gynaecologist involved in home monitoring with Sense4Baby. Here she shares the following experiences:

“A patient usually feels much more at ease in the familiar home environment. If the medical situations permits, home monitoring via a CTG scan allows a patient to make a cardiogram of her unborn baby. This takes away the need for a daily trip to and from the hospital or even an admission. What's more, the patient does not need to travel to the hospital in these times of corona and thus it minimises the risk of infection. Easily accessible communications with the obstetrics department and clear and complete instructions for the patient at home are highly important.”

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More information about Sense4Baby

Do you have any questions regarding Sense4baby? Please contact Eline Wennekes or Martine Kerkhof. [Click here to read more about the product.](#)

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